

Microscopic haematuria

RFQs

- Have you ever noticed blood in your urine?
- Do you get any pain in your flank or groin? Or do you have any water work symptoms?
- Do you smoke? What is your job?
- Has your blood pressure been OK?

Provide

There is a trace of blood in your urine. This is really common. Because the blood is not visible, it is very unlikely that there is anything nasty behind this. We should check your blood pressure, do a blood test to check your kidneys are OK, and check your urine sample for protein (ACR). We should also repeat the urine dip test for blood, another time, or on more two occasions (on different days).

Safety net:

If there still blood in 2 out of 3 urine samples: we should probably ask a specialist to see you. Since you are under 40, we will ask a kidney doctor to see you. Please let me know if you see blood in your urine.

Since you are over 40 we should ask a urologist to see you. There is a 1 in 20 chance of cancer. (These cancers are normally relatively easy to treat.)